



QIGONG : #exercise #experience #perceive

Get to know Qigong · an evening for all · Fitzroy

with Edith Guba, Dao Yuan School for Qigong



#exercise: qigong-daoyuan.de/ftg [Fan Teng Gong]

"Qigong for illnesses difficult to treat, especially cancer." - So the assessment of the Fan Teng Gong by the Qigong society in China about 20-30 years ago. You can feel a lot when you practice this qigong, even changes, but nothing has been scientifically proven yet. [5:15-6:15pm]

#experience: qigong-daoyuan.de/ef [Energy Field] You can't talk about the energy field, you have to experience it. [6:30-7:30pm]

#perceive: daoyuan-fan-teng-gong.net/?p=2477

[Thermography lecture & feeling the emitted Qi]

A small slide show with explanations of temperature changes in the body, as they can occur through one's own practice and also through emitted Qi; followed by a "round of perception", one could also call it "energetic Qi tasting": individual Qi transmissions for "trying out". If you are interested: with thermographic documentation. [7:45-8:45pm]

- **Speaker:** Edith Guba, Director of the Dao Yuan School
- **Date:** May 22nd, 2019
- **Venue:** Bargoonga Nganjin Bagung Magali/Waa-Community Room, 182 St Georges Road, North Fitzroy, VIC 3068
- **Costs:** free of charge
- **Participation requirements for all events:** interest

